

Kendal Winter League – Sedbergh

1 March 2010

Senior Men						
Pos	Name	Club	V40	V50	V60	Time
1	Tom Addison	Helm Hill				25.14
2	P Harrison	Sedbergh				26.09
3	Sam Fisher	Sedbergh				26.31
4	Carl Bell	Howgill				27.38
5	Brendan Bolland	Horwich	1			27.40
6	Sean Bolland	Bowland	2			28.19
7	Niall Till	Helm Hill				28.29
8	John Bagge	Helm Hill				28.39
9	Jos Addison	Helm Hill				28.53
10	M. Holroyd	Borrowdale	3			29.18
11	David Crayston	Ambleside	4			29.36
12	Alex Till	Helm Hill				29.38
13	Shaun Addison	Helm Hill		1		30.01
14	Paul Neild	Bowland				30.12
15	Richard Kellet	Sedbergh				30.56
16	Tim Parker	Sedbergh				31.08
17	Roger Aubrey	Helm Hill				31.25
18	George Philpot	Sedbergh				31.25
19	Jonathan Gibson	Wharfedale	5			31.38
20	Fraser Livesey	Howgill				31.40
21	Carol Evans	Settle			1	31.42
22	Jason Thornton	U/A				31.47
23	John Richardson	Howgill				31.56
24	Mike Addison	Helm Hill	6			32.00
25	James Riley	Todmorden				32.12
26	Simon Kent	Helm Hill		2		32.20
27	Simon Galloway	Todmorden	7			32.23
28	Andy Bennett	Helm Hill			2	32.24
29	Patrick Willink	Helm Hill	8		3	32.52
30	Jim Fisher	Howgill		3		33.12
31	Scott Davies	U/A				33.23
32	Andrew Hinde	Settle		4		33.29
33	Kath Aubrey	Helm Hill				33.24
34	Jenn Mattinson	Howgill				33.40
35	Kevin Rogan	Wharfedale		5		34.04
36	Andrew Russell	U/A	9			34.09
37	Debbie Copely	Dallam				34.15
38	Stephen Baker	Helm Hill				34.26
39	Paul Jackson	Howgill				34.32
40	Paul Noble	U/A	10			34.37
41	S Hill	U/A				34.42
42	John Hodgson	Dallam			4	34.52
43	Barry Scholes	Wharfedale		5		35.25
44	Katie May	Howgill				35.26
45	Trevor Walton	Howgill		6		35.28
46	Mick Banks	Calder Valley		7		36.01
47	T Sedgwick	U/A		8		36.03
48	Kevin May	Howgill	11			36.42

49	Ian Newbold	Wharfedale	12		36.44
50	Roger Hall	Wharfedale		5	37.40
51	Raj Madhas	Wharfedale	13		37.53
52	Tim Thom	Keighly and Craven	14		39.01
53	Andrew Leadham	U/A	15		40.07
54	Paul Wilson	Pendle		9	40.13
55	Neil Dyson	NYM		6	41.05
56	Andrew Biddle	West Pennine		10	41.08
57	Ashley Kay	Rossendale			DNF

Senior Women

1	Wendy Dodds	Clayton	F50		35.37
2	Jessica Goodfellow	Dallam	F40		35.41
3	Lynn Whittaker	Wharfedale	F40		36.05
4	Judith Marshall	Settle	F		36.45
5	Angela Donlan	Clayton	F		36.53
6	Kate Donovan	Howgill	F		37.35
7	Ruth Maxwell	Settle	F		38.18
8	Linda Hargreaves	Wharfedale	F		46.10
	Annie Kent	Helm Hill	F		DNF

Under 17

1	James Knox	Helm Hill			16.38
2	Sam Till	Dallam			16.50
3	Tom Doyle	Helm Hill			17.23
4	Rory Addison	Helm Hill			17.43
5	Declan Bulmer	Pendle			17.59
6	Tim James	Sedbergh			18.17
7	Mel Hyder	Helm Hill	1		18.36
8	Lauren Munro Bennett	Helm Hill	2		18.40
9	Alex Brown	U/A			18.42
10	Sarah Hodgson	Lancaster and M	3		19.00
11	Alex Ritch	Sedbergh			19.07
12	Jack Walton	Howgill			19.19
13	Beth Dutson	U/A	4		21.03
14	David Wilson	Wharfedale			22.33

Under 14

1	James Hall	Wharfedale			9.26
2	Will Smith	Wharfedale			9.31
3	Ben Johnstone	Wharfedale			10.04
4	Phil Done	Wharfedale			10.14
5	David Goad	Helm Hill			10.16
6	Lloyd Daries	Wharfedale			10.43
7	Callum Lambert	Wharfedale			11.09
8	Bela Gray	Kendal	1		11.17
9	Tom Harrison	Border			11.22
10	Oliver Willink	Helm Hill			11.40
11	Liam Bagge	Helm Hill			11.57
12	Oran Swindley	Helm Hill			12.15
13	Tom Harrison	Border			12.17
14	Tessa Higgs	Howgill	2		12.47

15	Will Leadham	Dallam		12.49
16	Jack Sharples	Dallam		12.51

Under 12

1	Josh Newbold	Wharfedale		7.09
2	Charlie Lowry	Wharfedale		7.16
3	Michael Hutchinson	Dallam		7.26
4	Ben Kent	Helm Hill		7.34
5	Jack Byrne	Helm Hill		7.39
6	Lewis Goad	Helm Hill		7.41
7	Sarah Atkinson	Helm Hill	1	7.47
8	Ellie Lambert	Settle	2	7.56
9	Max Kennedy	Dallam		8.01
10	Jacob Aubrey	Helm Hill		8.04
11	James Pickard	Settle		8.08
12	Reuben Copley	Helm Hill	3	8.13
13	Sam Willink	Helm Hill		8.15
14	Hannah G Foster	Dallam	4	8.16
15	Erin Procter	Howgill	5	8.20
16	Herbie Davies	Wharfedale		8.23
17	Sophie Marshall	Settle	6	8.25
18	Ella Mae Gibson	Wharfedale	7	8.25
19	Edward Higgs	Howgill		8.26
20	Paul Harrison	Border		8.33
21	Logan Hargreaves	Wharfedale		8.38
22	Rosin Bagge	Helm Hill	8	8.39
23	Nathan Chadwick	Helm Hill		8.40
24	Tom Willink	Helm Hill		8.41
25	Robert Askew	Helm Hill		8.42
26	Tom Harkes	Dallam		8.43
27	Charlotte G. Foster	Dallam	9	8.43
28	Katherine Lawson	Howgill	10	8.51
29	Hannah Thom	Keighley & Craven	11	8.53
30	Katie Russell	U/A	12	8.55
31	Jack Galloway	Todmorden		8.59
32	Edward Galloway	Todmorden		9.00
33	Leah Albion	Broughton	13	9.01
34	Robert Albion	Broughton		9.03
35	Edward Leadham	Dallam		9.12
36	James Maxwell	Settle		9.13
37	Grace Catlett	Hoad	14	9.31
38	Bob Evans	U/A		9.37
39	Nathan Holroyd	Settle		9.40
40	Rosie Dutson	U/A	15	9.47
41	Zoe Sharples	Dallam	16	10.03
42	Emily Galloway	Todmorden	17	10.12
43	Sam Johnstone	Wharfedale		10.16
44	Meredith Kennedy	Dallam	18	10.17
45	Fiona Bennett	Hoad Hill	19	10.20
46	Tom Lowry	Wharfedale		11.36
47	Alex Chadwick	Helm Hill		15.05